

**Wyoming Area Football  
Program**

# Philosophy & Principles

## What Will Today Bring?

**This is the beginning of a new day.  
I have been given this day to use as I will.  
What I do today is important because I exchange a day of my  
life for it.**

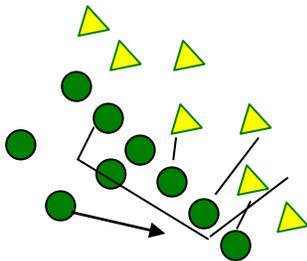
**When tomorrow comes, today will be gone forever...  
leaving in its place something I have traded for it.**

**I want it to be gain, not lose...**

**Good not evil...**

**Success not failure ...**

**So I shall not regret the price I paid for it, because the future is  
just a string of nows !!!**



Coach Randy Spencer  
& Staff  
2009

## Wyoming Area Warrior Football Program

The Warrior Football program is rich with Tradition & Pride. Almost all of the schools in the division are much larger in male enrolment. However year after year the Warriors are in the race for the title and have won more than it's fair share of championships. More important to the Program is the fact that year in and year out, graduates of the Warrior football program prove to be outstanding contributors to the community through leadership, hard work and personal commitment. We believe there is a strong relationship between the Warrior Program and success in life. We believe that being good at one will make you better at the other! Excellence on the field can aid excellence in the classroom and in life.

For Wyoming Area to continually rank among the best programs in one of the premier power conferences in the state:

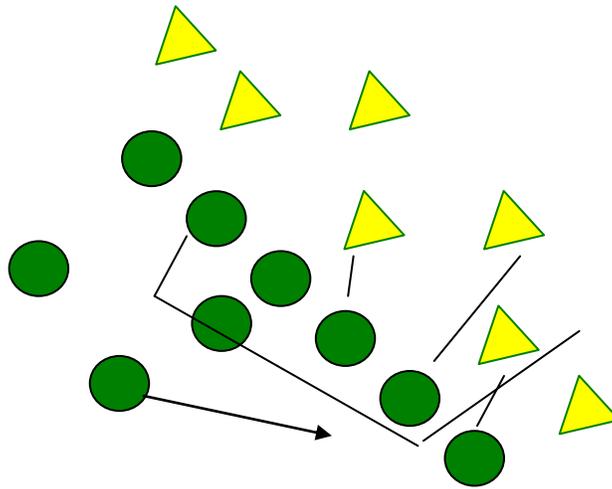
- Our offenses, defenses, formations and special teams must be more sophisticated than our competition.
  - Our players must learn more, learn faster and execute far more efficiently than our competition
  - We must out prepare our opponent
- Our players must make more of their athletic abilities.
  - Our practices must be more crisp, more intense, more enthusiastic than our competition
  - Our off-season strength and speed development programs must yield better results than our competition.
- Our players and coaches must play the game with more passion, more intensity, more discipline and more heart than the competition.
  - A Warrior enters the game better prepared physically and mentally
  - A Warrior team always out hits and out hustles its opponent
  - There is no QUIT in a Warrior...the fourth quarter is always ours
- Our players must represent their school, their community, their parents, and their uniform with class
  - On the field, Warriors distinguish themselves by practicing and playing with more passion and heart than the opponent thought possible
  - Off the field, a Warriors distinguish themselves by being an outstanding student, friend, family member and outstanding member of the community.

You see, beating teams week after week - that are bigger, stronger, quicker and have better athletes is easy. You out prepare them, you out hit them, you out tough them, you out smart them, you out hustle them and you out heart them.

To wear a Warrior football uniform is something special. It is not for everyone. The successful Warrior will spend four to six years of hard work dedicated to learning the technical aspects of game, demonstrating leadership and teamwork and developing those attributes that make winners..... on and off the field, during school years and long after.

There are only a select few that will want to work this hard. But for those who tough out the early years, keep learning and working.... The rewards will be worth it. You will emerge as someone special..... having earned the respect of your teammates, your coaches and your opponents.

And any Warrior before you will immediately recognize and value you as a lifelong member of a very special and very exclusive Warrior Football Family.



## **7<sup>TH</sup> AND 8<sup>TH</sup> GRADE PROGRAM**

### ***Technical aspects of the game***

The program will stress **FUNDAMENTALS**:

- Safety in blocking and tackling and in injury management
- Basic techniques of blocking and tackling
- Basic formations and plays
- Basic defenses and stunts
- Basic rules, practice drills, equipment and conditioning

### ***Program Values (7&8)***

The Values are mandatory to be a Warrior

- We strive for excellence in academics, athletics, discipline and leadership

We expect every individual to **DEVELOP**:

- Leadership skills
- A Solid Work Ethic
- Perseverance (no quit in a Warrior)
- Teamwork Skills
- A Good Physical fitness level
- A sense for Warrior Pride and Tradition
- Self Discipline
- A solid foundation in the game of football

Football like life sometimes is a tough game. Your opponent won't take it easy on you or let up on you or feel sorry for you. If you aren't tougher than him mentally and physically or if you are not as technically sound or you play with less heart.... You will not be successful. We expect our players to be successful. We expect young individuals:

- To rebound from hard knocks and setbacks
- To learn from critical feedback and mistakes (you will get feedback)
- Not to whine and complain (your competition won't care)
- To come ready to work hard every practice (harder than any other kid in the conference)
- Ask if you don't understand. Warrior offensive and defensive schemes are complex.
- Help your teammates. The better they are the better the team is.
- Play and practice with passion and enthusiasm
- Be ferocious on the field and an outstanding person off the field

- Be a good student in the classroom

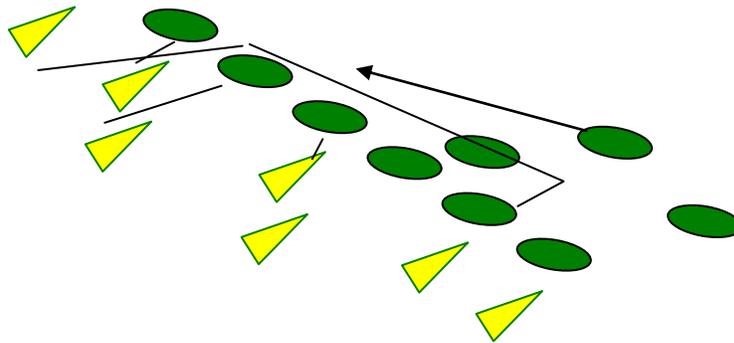
### ***Program Philosophy (7&8)***

The 7<sup>th</sup> and 8<sup>th</sup> grade program builds the basics for the Warrior Varsity program. Although we set a goal to win games, our key objective is to allow as many young players as possible gain experience, develop skills and practice the program values.

Individuals of this age, in many cases, are only beginning to grow and gain strength. Our desire is to allow any student athlete who has the heart and desire to stay in the program and develop skills as their body matures over this two-year period.

Our operating Philosophy:

- Every player will play in every game
- Coaches may try some players in a variety of positions
- The program goal is that every player makes a contribution



***The 10 things that PARENTS need to understand in order to be a successful component of the Warrior Football Program:***

1. Understand that the coaches know more about our player's football skill sets than you do. Our priority is to develop multi dimensional athletes who can contribute in a variety of different positions. We know where, how and how often to play your student athlete. We understand their strengths and weaknesses and how to coordinate them with teammates, effectively creating favorable match ups against our opponents..
2. Understand that your student athlete's well being is a constant and continuous concern for the coaches. We will not put a player in a situation that we think might cause him injury. We will error on the side of safety and care.
3. We will put the team needs ahead of any individual. The team is made up of over fifty players who pour themselves into practice and preparation. We are concerned about every player getting the full value of the program.
4. We will challenge your student athlete. We will have extremely high expectations of them. We will show disappointment when they do not perform to their potential. We believe in those hard lessons lay the learning that will benefit your student athlete throughout their life.
5. Football is a tough, violent game. It is not for everyone. It takes a special desire and temperament to be successful. The desire to be a part of this program should come from your student athlete, not their parents.
6. All parents think their student athlete is a star. All parents think their student athlete should be a featured player. The coaching staff will never sacrifice TEAM OBJECTIVES to play favorites, pad statistics or do favors. If your student athlete has developed the capabilities necessary to help the team, they will play.
7. We want every member of the team to see significant amounts of game time. It can only serve to help us achieve team goals and develop young players if we can get our players into game situations. Young players who work hard every day at practice and in the off-season deserve to be rewarded with playing time. However we play in a very tough conference with very tough competition. To be in situations that allow us to play all team members without jeopardizing the Team Goal will be very rare. Be assured we are looking for every opportunity to play everyone.
8. The value of the program is found in the lessons learned, not the win – loss record or in playing time. The nature of the game affords the players the opportunity to experience hard work, tough situations, constant competition, disappointment, achievement, discipline, self-motivation and teamwork. These are the lessons that will serve your student athlete in life. They will learn these skills whether they play or not.
9. Football is an emotional game. The year will yield a variety of ups and downs for your student athlete. Parents need to understand this so that they don't get caught in the moment and can stay grounded. Stay positive, be a supporter, enjoy the experience, help your student athlete grow.
10. You are role models. Supporting your student athlete if they whine, blame others or don't put forth their best effort is teaching them the wrong lessons. Don't criticize the coaches or other players in front of your student athlete. Encourage your student athlete to make the most of their abilities, work hard and be a team player. Don't work against the lessons, partner with the coaching staff in helping your student athlete get the most out of this opportunity.

## ***FRESHMAN PROGRAM***

### ***Technical aspects of the game***

The program will stress **EXECUTION** and fundamentals:

- Executing the offense
- Executing the defense
- Expand formations and stunts
- Develop the passing game
- Stress special team play
- Stress safety in fundamentals

### ***Program Values (9)***

The Values are mandatory to be a Warrior

- We strive for excellence in academics, athletics, discipline and leadership

We expect every individual to **DEMONSTRATE**:

- Leadership skills – the more leaders the better the team
- A Solid Work Ethic
- Perseverance (no quit in a Warrior)
- Teamwork Skills
- A Good Physical fitness level
- A sense for Warrior Pride and Tradition
- Self Discipline
- A solid Understanding of the fundamentals of football

Football like life sometimes is a tough game. Your opponent won't take it easy on you or let up on you or feel sorry for you. If you aren't tougher than them mentally and physically or if you are not as technically sound or you play with less heart.... You will not be successful. We expect our players to be successful. We expect our players:

- To Show leadership on and off the field
- To Develop team unity
- To set and achieve high team goals
- Lead by example with passion and enthusiasm
- Teach the younger players
- Help your teammates. The better they are the better the team is.
- Instill passion and enthusiasm in practice and games
- Be ferocious on the field and an outstanding person off the field
- Be a good student in the classroom
- Develop individual skills

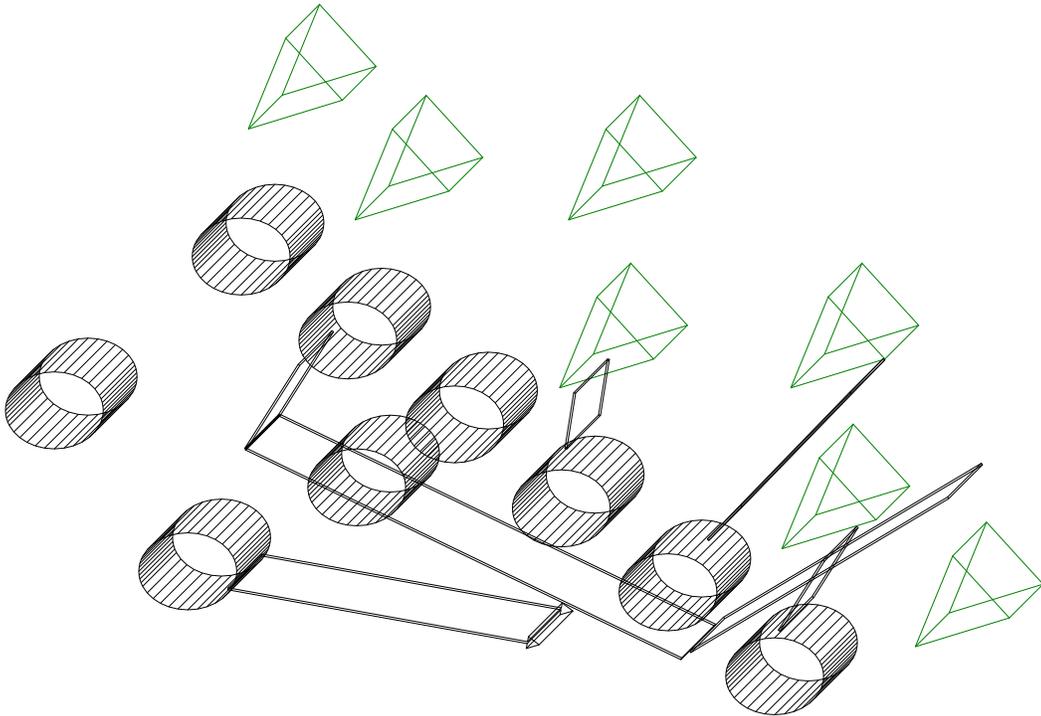
## *Program Philosophy (9)*

The freshman program prepares our players for the Warrior Varsity program. Expectations are high for precise practices and sound game execution. Playing with passion and enthusiasm is a must. Goals for winning are set high and pursued aggressively.

We expect our young players to be living the values of the program and dedicating themselves to the work ethic necessary to move to the next level.

Our operating Philosophy:

- Playing time will be dictated by player capability and game situation.
- Coaches will try to play ALL freshman athletes
- The program goal is to instill a sense of sound preparation and superior execution.



## ***VARSIITY PROGRAM***

### ***Technical aspects of the game***

The program will stress **MASTERY** of sophisticated schemes and techniques:

- Executing multiple offenses
- Executing complex defensive schemes
- Utilization of complex formations
- Position techniques
- No huddle offense and special team schemes

### ***Program Values (Varsity)***

The Values are mandatory to be a Warrior

- We strive for excellence in academics, athletics, discipline and leadership

Football like life sometimes is a tough game. Your opponent won't take it easy on you or let up on you or feel sorry for you. If you aren't tougher than them mentally and physically or if you are not as technically sound or you play with less heart.... You will not be successful. We expect our players to be successful. **We expect our varsity players to lead:**

- Leadership in the locker-room, on the field, in the classroom and in life.  
Lead by example with passion and enthusiasm
- Role model a champions Work Ethic
- Lead when it gets tough
- Pull the team together, motivate it and set the bar high
- Be a role model for younger players and the student body
- Teach the younger players
- Don't tolerate mediocre effort from your team
- Be ferocious on the field and an outstanding person off the field
- Take Pride in your team and build on the Tradition

## ***Program Philosophy (varsity)***

The varsity program tests our team, coaches and program against some of the finest programs in the state. Expectations are high for precise practices and sound game execution. Playing with passion and enthusiasm is a must. Goals for winning are set high and pursued aggressively. We strive to take our place among the best.

We expect our players to be living the values of the program and dedicating themselves to the work ethic necessary to move to the next level.

Our operating Philosophy:

- Out work and out prepare the opposition (film room, game planning and in practice)
- Confuse the opposing defense with formations and execution
- Overwhelm the opposing offense with aggressive, swarming defensive schemes
- Use flawless special team play to create an edge
- The Team goal is to utilize an over coached, over prepared squad to out hit, out hustle, out smart and outscore our opponents.
- The program goal is to prepare young people to be successful

### ***The 2009 Warriors***

Who will rise to lead this year's squad?????

- The number of leaders has a huge impact on the effect.
- How many Leaders will stand up and make a difference ?????

Will there be passion and enthusiasm ?????

- Will we execute in practice so that we can execute in Games ???
- Again the number of players demonstrating passion has a huge effect. It is often the difference between a good team and a championship team.

Where will the 2009 team take its place in Warrior tradition??????

***HOW GOOD CAN WE BE ??????????????????????***

The 10 things PLAYERS need to understand in order to be a successful component of the Warrior Football Program:

- 1) **The PROGRAM is about learning and playing the game of football. More importantly it is about hard work, hard knocks, leadership, commitment, discipline, motivation and teamwork. The memories and lessons will last a lifetime.**
- 2) **A Warrior Football Player is something special. When a young person makes a choice to be a Warrior Football Player, they also make a choice in life style. Theft, vandalism, tobacco, alcohol and drugs including steroids are not included in that life style. We are very serious about this! Make sure that if you choose to be a part of this program you understand the full behavioral requirements of that choice.**
- 3) **We will put the team needs ahead of any individual. The team is made up of over fifty student athletes who pour themselves into practice and preparation. The coaching staff will never sacrifice TEAM OBJECTIVES to play favorites, pad statistics or do favors. If you work hard, live up to the program values and have developed the capabilities necessary to help the team, you will play.**
- 4) **We will challenge you. We will have extremely high expectations of you. We will show disappointment when you do not perform to your potential. Our aim is to see you grow and achieve more in a few short years than even you thought possible. If the coaches stop challenging you, then is the time to worry.**
- 5) **Football is a tough, violent game. It is not for everyone. It takes a special desire and temperament to be successful. This will probably be among the toughest experience of your young life. You should be sure this is what you want.**
- 6) **We believe that young players who work hard every day at practice and in the off-season deserve to be rewarded with playing time. However we play in a very tough conference against very tough competition. Be assured we are looking for every opportunity to play everyone and we recognize and value your hard work.**
- 7) **The value of the program is found in the lessons learned, not the win – loss record or in playing time. The nature of the game affords the players the opportunity to experience hard work, tough situations, constant competition, disappointment, achievement, discipline, self-motivation and teamwork. These are the lessons that will serve you for the rest of your life.**
- 8) **We expect you to be a complete player, a good student and an outstanding person. Keep your grades up, be an outstanding person, work hard for things worth having. The Warrior keys to good choices: Will it make you a better athlete? Will it make you a better student? Will it make you a better person?**
- 9) **We as individuals, as a team and as a program will not tolerate prejudice of any kind. Our teammates and staff are Warriors and will be valued for their contribution and friendship regardless of gender, race, color, creed or other difference.**
- 10) **As a Warrior Football Player you have separated yourself. You have joined a very special family. Do not flaunt your achievement. Do not abuse your status. Be a role model. Be an outstanding person. Value those who support the team. Show appreciation to band members, cheerleaders and fans that turn out to support you. Carry on the proud tradition of over forty warrior teams before you.**

## Coaches Belief System

WE KNOW AS A PARENT YOU ARE CONCERNED FOR THE QUALITY OF THE PROGRAMS IN WHICH YOUR STUDENT ATHLETE PARTICIPATES. THEREFORE IT IS IMPORTANT THAT WE TELL YOU ABOUT THE COACHES BELIEF SYSTEM AND WHAT WE ARE TRYING TO ACCOMPLISH IN THE PROGRAM. WE ARE STRONG IN OUR CONVICTIONS AND BELIEVE THERE IS MUCH MORE TO COACHING THAN “X”S AND “O”S.

**WE TRULY BELIEVE** THAT LIFE AND FOOTBALL HAVE STRONG PARALLELS. WE BELIEVE THAT IF WE CAN HELP YOUR STUDENT ATHLETE BE GOOD AT ONE IT WILL MAKE THEM BETTER AT THE OTHER

- WE BELIEVE THAT A COACHES ROLE IS TO SUPPORT AND RE-ENFORCE THE POSITIVE LESSONS TAUGHT AT HOME. THE GAME OFFERS SOME UNIQUE OPPORTUNITIES TO PREPARE FOR LIFE EXPERIENCES. WE BELIEVE OUR JOB IS TO USE THOSE OPPORTUNITIES TO YOUR STUDENT ATHLETE’S BENEFIT.

**WE BELIEVE** IN THESE GUIDING PRINCIPLES

- ACADEMICS, ATHLETICS, DISCIPLINE & LEADERSHIP
- WE WILL EXPECT YOUR STUDENT ATHLETE TO ASK THEMSELVES THESE QUESTIONS WHEN FACED WITH A LIFE OR FOOTBALL DELEMA.
  - WILL IT MAKE ME A BETTER STUDENT?
  - WILL IT MAKE ME A BETTER ATHLETE?
  - WILL IT MAKE ME A BETTER PERSON?

**WE BELIEVE** IN HARD WORK

- WE’LL HAVE HIGH EXPECTATIONS OF YOUR STUDENT ATHLETE AND EXPECT THEM TO HAVE HIGH EXPECTATIONS OF THEMSELF
- YOUR STUDENT ATHLETE WILL BE:
  - CONSTRUCTIVELY CRITISIZED, SEVERLY CHALLENGED IN MANY WAYS (PHYSICALLY, MENTALLY,ATHLETICALLY, SOCIALLY, AND EMOTIONALLY), SORE AND TIRED.
- WILL BE HARDER ON YOUR STUDENT ATHLETE THAN YOU WOULD LIKE.
  - “SOFT” APPROACHES WILL CHEAT YOUR STUDENT ATHLETE OF THE VALUE OF THE EXPERIENCE

**WE BELIEVE** IN LEARNING:

- LEARN IT ISN’T A SIN TO GET KNOCKED DOWN....ONLY TO STAY DOWN

- LEARN IT IS ONLY A MISTAKE ...IF YOU DON'T LEARN FROM IT.
- LEARN TO WORK THROUGH THE FATIGUE, PAIN AND COMPETITION AND BE A PART OF SOMETHING SPECIAL
- LEARN HOW TO PREPARE & LEARN TO EXECUTE
- THEY WILL FEEL THE INCREDIBLE HIGH OF HARD WORK RESULTING IN SUCCESS..... THEY WILL FEEL THE INCREDIBLE LOW OF HARD WORK RESULTING IN DISAPPOINTMENT

**WE BELIEVE IN RUNNING A NO NONSENSE, FAIR, HONEST PROGRAM**

- WINNING IS IMPORTANT TO THE TEAM AND THE TEAMS SENSE OF ACCOMPLISHMENT. WE WILL PLAY YOUR STUDENT ATHLETE AND THEIR TEAMATES WHERE AND WHEN WE FEEL THAT THEY CAN CONTRIBUTE POSITIVELY TO TEAM SUCCESS.
  - WE WILL NEVER BASE DECISIONS ON FAVORITISM, RELATIONSHIPS OR FAVORS.
  - BE ASSURED WE WILL BE COMPLETELY FAIR AND OUR DECISIONS WILL BE BASED ON WHAT IS RIGHT FOR THE TEAM AND ITS GOALS.

**WE BELIEVE THAT WE CAN'T PLEASE EVERYONE. WE BELIEVE WE WILL NOT ALWAYS HAVE THE TALENT OR THE GOOD FORTUNE NECESSARY TO BE UNDEFEATED. WE BELIEVE THAT SOME WILL BE UNHAPPY ABOUT PLAYING TIME AND SOME WILL BE UNHAPPY WITH THE TEAMS PERFORMANCE ON FRIDAY NIGHT.**

**HOWEVER, WE BELIEVE THAT IF WE HAVE WORKED HARD, PREPARED WELL AND EXECUTE AT GAMETIME – WE WILL WIN MOST OF THE GAMES WE SHOULD WIN AND A FEW OF THE GAMES WE SHOULDN'T. BUT PLEASE KNOW THIS:**

- NO ONE IN THE UNITED STATES KNOWS THE FOOTBALL CAPABILITIES OF YOUR STUDENT ATHLETE, OUR TEAM OR THE COMPETITION LIKE WE WILL.
- BY MID SEASON WE WILL HAVE SPENT WELL OVER ONE HUNDRED HOURS OF FORMAL PRACTICE TIME WITH YOUR STUDENT ATHLETE AND THEIR TEAMATES. WE WILL HAVE WATCHED THEIR PERFORMANCE IN OFF SEASON PROGRAMS AND SUMMER DRILLS. WE WILL HAVE MONITORED THE DEVELOPMENT OF MOST PLAYERS OVER A FIVE-YEAR PERIOD.

**WE WILL KNOW WHO MAKES MISTAKES, WHO FUMBLES, WHO CAN'T BLOCK, WHO IS FAST AND WHO IS SLOW, WHO DROPS PASSES, WHO MISSES TACKLES, WHO CAN'T REMEMBER PLAYS, WHO CAN DIG DEEP AND WHO ISN'T READY.**

- **BY THE TIME WE PLAY AN OPPONENT, WE WILL HAVE SEEN THEM IN TWO TO FOUR GAMES. WE WILL HAVE STUDIED OVER FIFTEEN HOURS OF TAPE. WE WILL KNOW THEIR STRENGTHS AND WEAKNESSES. WE WILL KNOW HOW TO ATTACK THEM AND HOW THEY WILL ATTACK US. NO ONE ELSE ANYWHERE WILL KNOW BETTER THAN US HOW TO PLAY THIS OPPONENT WITH OUR TALENT.**

**YOU CAN BELIEVE THAT WE AS A STAFF WILL CARE ABOUT WHAT WE DO. DO IT AS WELL AS WE CAN..... AND VALUE THE TIME WE SPEND WITH YOUR STUDENT ATHLETE.**

- **OUR WORK IS TO HELP YOUR STUDENT ATHLETE REACH THEIR POTENTIAL AND EXPERIENCE SUCCESS IN THE SHORT AND LONG TERM**
- **WE WILL WORK TIRELESSLY TO REINFORCE THOSE BEHAVIORS AND VALUES YOU AS PARENTS HOLD DEAR.**
- **WE WILL ALWAYS HAVE THE BEST INTERESTS OF YOUR STUDENT ATHLETE FOREMOST IN OUR EFFORTS**

**WE BELIEVE WE ARE EXTREMELY FORTUNATE TO BE INVOLVED IN THE TRADITION RICH WARRIOR PROGRAM**

**AND  
TO HAVE THE PRIVILEGE TO COACH  
YOUR STUDENT ATHLETES**

**RESPECTFULLY**